

Inspiring Your NEXT
Adventure Women 40 & Up MeetUp

New Year's Eve Day Hike Meetup

A free meetup for women in our Inspiring Your NEXT Community.

Sign up to join a small private meetup group, limited to 12 participants, and take a Sunday morning hike close to the Denver front range. Two weeks before the meetup, we will decide on the weather if the meetup is a hike on a dirt trail, if the trail will be snow covered and if snowshoes are recommended.

If you're joining us and you currently live at altitude, I recommend at least 150 minutes of aerobic activity per week (at a level that gets your heart beating faster) and being able to walk up to 3 hours at 2 miles per hour to feel good.



If you're joining us and you will be coming from a location away from altitude, contact Wendy to be sure you're active enough to feel comfortable in the group.

We will spend the entire time at an elevation of 5,000-7,500 feet, so please plan to spend a few days acclimating if arriving from lower sea level cities.

We will not be hiking fast and our focus is on meeting other hiking gals in the area and making great connections while out in nature and on the trails.

We'll grab brunch or lunch after.

You will be asked to sign a waiver and photo release to participate.
For the health of all participants, please note this is a smoke free event.

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Why Join Us?

DestinationU is the ONLY community to focus on and host adventure trips created BY women 40 & up FOR women 40 and up! Wendy creates customized, amazing private trips & events specifically for women over 40 in small groups that are makeup and judgment free, so we are more relaxed, making connections and making more fun memories when trying something new. You don't have to worry about keeping up with a 22 year old or learn a new skill in a group of Super Athletes - just get ready to go after YOUR fun with a group of fun women ready to cheer you on!



What's It Like?

Wendy is a master at finding and putting together activities that are fun and sometimes challenging but all tailored for us adventure gals over 40. All you have to do is follow the recommended packing lists and show up! The homework is done for you - all the great sites & activities are brought together to get the most out of every destination and meetup.